

**Govind Ballabh Pant University of Agriculture and Technology
Pantnagar, District- Udham Singh Nagar (Uttarakhand)**

Yoga program on 11th International Yoga Day at the University

Pantnagar. 21 June 2025. A grand Yoga program was organized at Pantnagar University on the occasion of 11th International Yoga Day 2025. The chief guest on this occasion was Shri Ganesh Joshi, Hon'ble Minister of Agriculture and Farmers Welfare, Uttarakhand Government. He participated in the group yoga practice along with the professors, employees, students of the university and citizens from Udham Singh Nagar district. In his inspirational address, he described yoga as an essential need of life and said that regular yoga practice brings balance in physical and mental health, so that a person can empower not only himself but also the society and the nation.

The Vice-Chancellor of the University, Dr. Manmohan Singh Chauhan, while welcoming the Agriculture Minister, told about the scientific benefits of yoga and said that this yoga will take us towards complete development. He also said that Udham Singh Nagar and Pantnagar University will continue to contribute in the field of yoga, agriculture and technological innovations. He hoped that India will not only be established as 'Yog-guru' but also as 'Vishwaguru' by the year 2047. Yoga will become the basis for building a developed India by making the youth healthy, strong and positive.

On this occasion, Vice-Chancellor of the University Dr. Manmohan Singh Chauhan, MLA of Rudrapur Shri Shiv Arora, senior officials of the University, teachers, employees and a large number of students were present. Yoga expert Ms. Rajeshwari Pokhariya conducted the practice of yoga activities like yogasana, pranayam etc. The program was conducted by Dean Student Welfare Dr. A.S. Jeena and other officials.

